

# **Frosterley Primary School**

Bridge End. Frosterley. DL13 2SN Head Teacher: Mrs C Carr

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## **Newsletter 15.12.23**

### Thank You

We would like to say thank you to everyone for your support over the autumn term and the lovely cards and gifts for the staff. We wish you all a merry Christmas and a happy new year.

## **Team Marble Update**

We wish all the best to Mrs Bancroft as she starts her maternity leave at the end of term. We would like to thank her for being an excellent teacher in Team Marble.

From January, Mr Jones will be teaching Team Marble until Mrs Telfer returns.

## Tuesday 19th December - First after school club only

This is the last day of term. Sports Club will run as normal until 4.30 but there will be no second club.

### **Straw and Order**

Thank you to everyone for coming last night to watch the nativity, Straw and Order. Well done to all the children – each and every one was a star!



#### **Christmas Parties**

We will be having our Christmas parties on Monday afternoon. The children can bring their party clothes to school in a named bag to change into after lunch. We will have party games, food and hopefully a visit from Santa!

The children will be ready for home time at 3.30 pm, as usual.

### **Christmas Jumper Day**

On the last day (Tuesday 19<sup>th</sup>), the children can wear Christmas jumpers/tops or their own clothes or uniform if they prefer.

### FEARless - sessions for parents

FEARless is a course targeted for Parents or caregivers of children 6-14.

There are 6 group sessions that help parents to understand and manage their children anxiety and develop skills to coach them to become more resilient.

The programme encourages parents to apply strategies to all family members and not only the child of concern.

The programme runs over a 6 week period and covers building resilience, recognising anxiety, parental modelling in understanding children's emotional reactions, understanding and responding to anxiety, constructive problem solving and maintaining progress

For more information on dates and venues visit https://www.durham.gov.uk/article/28897/FEARless

## **Breakfast Club and After School Club Charges from January**

Unfortunately, due to rising costs for the school, we will be raising our breakfast and after school club charges from January 2024. The cost of Breakfast Club will be £3.50 per day (extra £1.50 for the earlier start) and After School Clubs will be £3.50 per session.

#### **Clubs for the Autumn Term**

	Monday	Tuesday	Wednesday	Thursday
3.30 - 4.30	Music Club	Sports Club	Drama Games	Art and Craft
			Club	Club
4.30 - 5.30	Homework	Nature Club	Lego and	Free Choice
	Club		Puzzles Club	Club

Please book at least 24 hours in advance to allow us to plan for the numbers attending. We will always try to help out at short notice in an emergency.

## **Diary Dates**

### **December**

Monday 18<sup>th</sup> – Christmas Parties Tuesday 19<sup>th</sup> – Christmas Jumper Day School closes at 3.30pm for Christmas Holidays

## January

Thursday 4<sup>th</sup> – School reopens for the spring term

## **Community News**

## Fun and Food Activities – Christmas Holidays

Please see attached the flyers for Fun and Food activities in our area over the Christmas holiday.

## **Mental Health and Wellbeing Services**

Please see attached a list of organisations and contacts to support with mental health and wellbeing.















